

Alexander Tudose

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🌐 www.linkedin.com/in/alexander-tudose

Gender: Male

Nationality: Romanian



Education

- 2024 – present** **Faculty of Psychology and Educational Sciences, University of Bucharest**
PhD Candidate in Psychology, full-time study. Research topic: Resilience in Cancer Survivorship: A Cognitive-Behavioral Approach.
- 2021 – 2023** **Faculty of Psychology and Educational Sciences, Transilvania University of Braşov**
Master's Programme in Clinical Psychology, Psychological Counseling and Psychotherapy, full-time study
- 2018 – 2021** **Faculty of Psychology and Educational Sciences, Transilvania University of Braşov**
Bachelor's Degree in Psychology, full-time study
- 2013 – 2017** **"Johannes Honterus" National College in Braşov, Romania**
High school (9-12 years), Natural Sciences Programme in German language

Professional Experience

- 2022 - present** **Organizational Psychology Researcher**
Bepco
- 2022 - 2024** **Visiting Researcher**
Erasmus Medical Center in Rotterdam, the Netherlands
Research Project: Improving mental health through urban policy: How do European cities address the social determinants of mental health?
- 2022 - 2023** **Research Assistant**
Transilvania University of Braşov
Research project: Erasmus Plus Programme – "WISE - Well-being Innovations for Students in Europe"
- 2022 - 2023** **Junior Researcher**
Junior Researcher Programme
Research Project: Improving mental health through urban policy: How do European cities address the social determinants of mental health?

- 2021 - 2022** **Research Assistant**
Transilvania University of Braşov
Research project: "Tânăr în Braşov" ("Youth in Braşov County")
- 2021 - 2022** **Psychology Teacher**
"Johannes Honterus" National College in Braşov, Romania

Courses and Trainings

- 2021 - 2023** **Romanian Association for Integrative Psychotherapy (ARPI)**
Basic Training in Integrative Psychotherapy
- 2021 - 2023** **Faculty of Psychology and Educational Sciences, Transilvania University of Braşov**
Pedagogical Training Module, level 2
- 2018 – 2021** **Faculty of Psychology and Educational Sciences, Transilvania University of Braşov**
Pedagogical Training Module, level 1
- 2016 – 2017** "Deutsches Sprachdiplom" (DSD) of the Standing Conference of the Ministers of Education and Cultural Affairs of the Länder in the Federal Republic of Germany, 31 March 2017.

Personal Skills

Native languages: Romanian, German

Foreign languages: English (C1), French (A1)

Other skills:

- Digital skills: Microsoft Office (advanced), IBM SPSS Statistics (advanced), JASP (intermediate), R (beginner).

Additional Information

Conferences:

- 9 May 2023** **AFCO 2023 ("Absolvenți în Fața Companiilor"/"Graduates and Companies")** - Transilvania University of Braşov.
Poster presentation – "What is the Road to Resilience? The Relationship between Rational/Irrational Beliefs, Core Affect, Resilience and Well-Being", supervised by conf. dr. Camelia Truța
- 9 – 11 March 2023** **International Convention for Psychological Sciences 2023** – Association for Psychological Science, Bruxelles, Belgium
Poster presentation (co-author) – "Improving Mental Health through Urban Policy: How Do European Cities Address the Social Determinants of Mental Health?"

July 13, 2022 **Junior Researcher Programme Open Conference** – jSchool 2022, Siena, Italy
Poster presentation – “An Incursion into Decision-Making: The Relationship between Decision-Making, Extraversion, Conscientiousness and Impulsivity”, supervised by conf. dr. Camelia Truța

May 10, 2022 **AFCO 2022 (“Absolvenți în Fața Companiilor”/ “Graduates and Companies”)** - Transilvania University of Brașov
Poster presentation – “An Incursion into Decision-Making: The Relationship between Decision-Making, Extraversion, Conscientiousness and Impulsivity, supervised by conf. dr. Camelia Truța
Poster presentation – “The effectiveness of educational podcasts in learning”, supervised by prof. dr. Cazan Ana-Maria

November 19, 2021 **“Conference of junior researchers: The role of research and innovation in modern society”** – West University of Timișoara, Faculty of Sociology and Psychology
Paper presentation – “The effectiveness of educational podcasts in learning”, supervised by prof. dr. Cazan Ana-Maria

11 – 14 November 2021 **Conference of the Romanian Association of Psychologists**
Presentation – “An Incursion into Decision-Making: The Relationship between Decision-Making, Extraversion, Conscientiousness and Impulsivity”, supervised by conf. dr. Camelia Truța

Volunteering:

2022 - present **Founding Member**
Association of Students in Psychology and Pedagogy in Brașov.

2021 - present **Founding Member - Open Minds Project**
Faculty of Psychology and Educational Sciences, Transilvania University of Brașov

2018 – 2023 **Student Representative in the Faculty Council**
Faculty of Psychology and Educational Sciences, Transilvania University of Brașov

2020 – 2021 **Volunteer Presenter**
“Cristian Presură Community for Science Enthusiasts”, hosting a weekly psychology workshop.

Hobbies:

Playing the piano and various other musical instruments, singing, reading, photography, gardening, cooking.